

HOME DELIVERED MEALS

Eligibility Criteria – To qualify for Home Delivered Meals, consumers must be:

- Age 60 or older
- Homebound (not able to go outside of home without assistance from another)
- Unable to secure nutritious meals on own due to physical or mental incapacities
- Have no one to secure a daily hot meal

Delivery - Lunch time meals are delivered 4 days per week. Every Tuesday, a second frozen meal is delivered for the following Wednesday. There are no deliveries on Wednesdays.

Consumers should be aware that the Home Delivered Meals cannot be left outside or placed in a container set out for the van driver. Van drivers are required to make contact with the consumer to ensure the consumer's safety.

Emergency Meals - Consumers are normally provided with three additional frozen or emergency pack meals to have on hand for those days that a meal can not be delivered because of snow, severe weather, or unexpected Center closing.

Special Diet - Some consideration is given for diabetic diets. Generally, the main entrée of the meal is the same as the regular meal, however, typically a low-sugar or sugar-free dessert is substituted, as well as skim milk.

Donations Welcome - Although there is no required cost share for Home Delivered Meals, donations are suggested and welcome to offset the cost.

